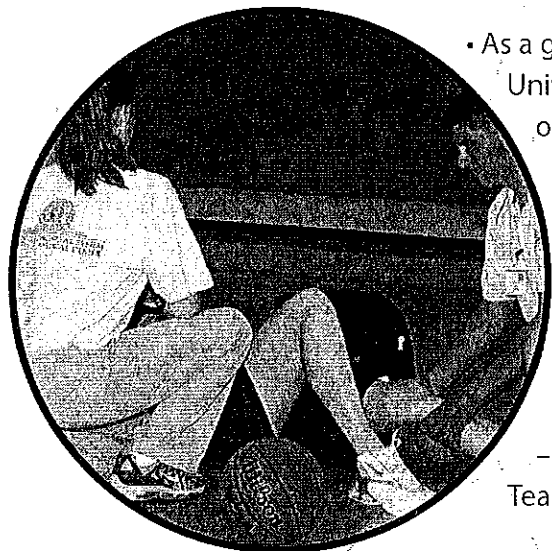




GHS Certified Athletic Training Services



- As a group, certified athletic trainers at Greenville Hospital System University Medical Center (GHS) have more than 164 years of experience!
- Some GHS certified athletic trainers also have additional credentials:
 - Certified Strength and Conditioning Specialist
 - Emergency Medical Technician
 - National Academy of Sports Medicine Performance Enhancement Specialist
 - Physical Therapy & Physical Therapy Assistants
 - Bachelor's degrees in Psychology, Biology, Exercise Science, Teaching and Physical Education.

GHS certified athletic trainers have interned with the Pittsburgh Steelers, New England Patriots, Philadelphia Phillies, Toronto Blue Jays, Greenville Grrrowl, Professional Bull Riders Rodeo, Asheville Assault and the USA Pro Cycling Championships.

Certified Athletic Trainers ...

- Have a minimum of a bachelor's degree from an accredited college or university in athletic training, which is an allied health profession
- Have formal instruction in the following:
 - Risk management & injury prevention
 - Pathology of injury & illness
 - Orthopaedic clinical examination & diagnosis
 - Medical conditions & disabilities
 - Acute care of injury & illness
 - Conditioning, rehabilitative exercise & referral
 - Therapeutic modalities (heat, electrical stimulation & ultrasound)
 - Pharmacology
 - Psychosocial intervention & referral
 - Nutritional aspects of injury & illness
- Have passed a comprehensive exam before earning the ATC credential
- Keep their knowledge and skills current by participating in continuing education
- Adhere to standards of professional practice set by a national certifying agency



To find out more about GHS athletic trainers, call (864) 454-2092 or go to ghs.org/sports.

Information sources: National Athletic Trainers' Association & GHS Athletic Trainer Services



GREENVILLE HOSPITAL SYSTEM
UNIVERSITY MEDICAL CENTER

What Is a Certified Athletic Trainer?

Certified athletic trainers are medical experts in preventing, recognizing, managing and rehabilitating injuries that result from physical activity.

Athletic training is recognized by the American Medical Association (AMA) as an allied healthcare profession. The AMA recommends that certified athletic trainers be placed in **every** high school to help keep youth safe and healthy.

The certified athletic trainer specializes in six practice areas:

1. Prevention
2. Clinical evaluation and diagnosis
3. Immediate care
4. Treatment, rehabilitation and reconditioning
5. Organization and administration
6. Professional responsibility

A certified athletic trainer's day may include these tasks:

- Prepare athletes for practice or competition, including taping, bandaging and bracing
- Evaluate injuries to determine their management and possible medical referral
- Develop and put in place a comprehensive emergency action plan
- Implement treatment and rehabilitation programs
 - Provide on-site recognition, evaluation and immediate treatment of illness and injury



These duties require extensive knowledge and strong decision-making skills obtained through the certified athletic trainer's experience and education.